



Managed Care for Children/Youth in Foster Care and Adoption Support

Apple Health Core Connections

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Managed Care Programs and PRC**

Program Objectives

- **Develop a collaborative approach** between the health care system and the CA care system that ensures provision of coordinated health care services for program enrollees and involves the child's parents, caregivers, social worker(s) and other supports in the enrollee's care.
- **Improve access to care** by establishing a medical home with an assigned Primary Care Provider for children and youth in foster care and adoption support, and young adults aged 18 through 26 who are alumni of the foster care system;
- **Provide health care coordination services** for enrollees with multiple or complex health care needs;



Program Objectives *(cont'd)*

- **Provide smooth transitions** of health care as children and youth move from home to foster care, from one placement to another, from hospital or other institutional setting to another or from such settings to home;
- **Support enhanced stability** for program enrollees by achieving improved health outcomes;
- **Provide education and assistance** to enrollees who are transitioning from foster care to independence in navigating the health care system, so the enrollee will not lose access to needed health care services;
- **Control the cost of care** by providing more comprehensive and coordinated health care services.

Populations covered by the AHFC include children and youth in:

- Licensed foster care,
- Relative care,
- Adoption support,
- Extended foster care (18-21), and
- Alumni of foster care system up to age 26.



TRANSITIONING TO AHFC

- Priority is getting kids the care they need & maintaining already established health care and behavioral health provider relationships whenever possible.
- 90-day transition period for new enrollees: Remain with existing provider until care needs are assessed and enrollee is assisted in transition by health care coordinator.
- Expanding our Medical provider network and identifying key providers in each community to target for contracting. Will attempt to contract with the health care provider or work with them as a non-participating provider, or transition enrollee to another health care provider.
- Enrollee maintains current prescriptions and care plans until assessment is completed.



COORDINATED CARE PROVIDES:

- One stop shopping for health care assistance
- Help in resolving access to care barriers
- More help navigating the health care system and finding needed medical/behavioral health providers
- 24/7 Nurse Advice Line
- Health Care Coordinators to help manage chronic conditions, provide coaching, and make arrangements for needed medical services/supplies
- Behavioral Health Care Coordinators to help screen members and connect them to needed RSN/BHO services.

QUESTIONS?

- Check the Coordinated Care website for AHFC specific information at www.coordinatedcarehealth.com
- Send them to the Apple Health Managed Care mailbox
 - hcamcprograms@hca.wa.gov